

# POCKET Nature Journal

## First Blooms of Spring



### Flowers of Spring

Plants need energy to make flowers, & they get it from the sun. Because trees are covered with leaves in the summer, thus creating shade, most forest wildflowers bloom in the spring in order to grab as much sunlight as they can.



### Pink Lady's Slipper (aka Moccasin Flower)

*Cypripedium acaule*

**Flowers:** 2.5-4 inch slipper-like inflated pouch. Pine, red, or white. Solitary, two long strongly ribbed leaves, stems hairy

**Where:** Mixed forest; bogs and swamp edges

**When:** Mid-spring - early summer

Notes

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### Red Trillium

*Trillium erectum*

**Flowers:** 1-3 inch wide with three petals, maroon, often nodding, three large leaves, stems smooth

**Where:** Moist forest    **When:** Spring

### Painted Trillium

*Trillium undulatum*

**Flowers:** 1.5 - 2.5 inch wide, white, with pink-streaked centers, upright, singular, three leaves, stems smooth

**Where:** Moist forest, swamp edges

**When:** Spring



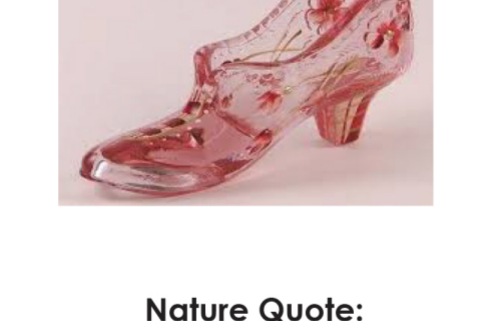
### Star Flower

*Lysimachia borealis*

**Flowers:** 1/4 - 1/2 inch wide & star shaped, white, stalked above leaves, lance-shaped leaves in whorl, stems smooth

**Where:** Moist and dry forest

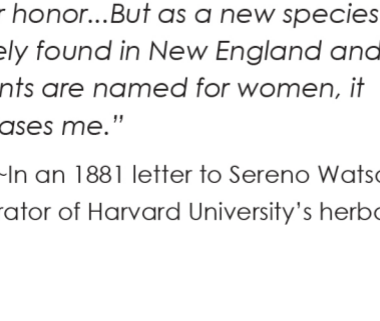
**When:** Spring - early summer



### Cinderella's Shoe

Where Cinderella dropped her shoe,  
'Tis said in fairy tales of yore,  
'Twas first the lady's slipper grew  
And there its rosy blossom bore  
And ever since, in woodlands gray,  
It marks where spring retreating flew,  
Where speeding on her eager way,  
She left behind her dainty shoe.

~ Elaine Goodale Eastman (1863 - 1953)



### Nature Quote:

**Kate Furbish**

"Maine's swashbuckling Victorian botanist"

"...were it not for the fact that I can find no plants named for a female botanist in your manual, I should object to 'Pedicularis Furbishae' for it [naming of a plant for its discoverer] is too often conferred to be any particular honor...But as a new species is rarely found in New England and few plants are named for women, it pleases me."

~In an 1881 letter to Sereno Watson, curator of Harvard University's herbarium

The activities in this journal can be done on almost any quiet patch of earth in our area.



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